

DEEP GRIHA SOCIETY



“Empowerment of the marginalised through capacity building and sustainable rural and urban development programmes”

ANNUAL REPORT FINANCIAL YEAR 2018-19



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DIRECTOR'S NOTE

Another year goes by for Deep Griha Society—a year of working with the community. We are grateful for your continued support and partnership in the work that we do.

This year also made us look closer at what works for the growth of the organisation and what needs to be tweaked or reworked. At Deep Griha, we have always listened to the community and evolved to meet its changing needs.

We continue to work out of five centres and work towards empowerment of the community through various interventions.

The communities we work with:

Tadiwala road Family Welfare Centre (FWC) is the biggest urban centre and the head office
Ramtekdi

- Jyoti Development Project (JDP)
- Tech SMART Centre, Ramtekdi

Bibvewadi

- Dnyandeep Aarogya Kendra (DAK)
- Tech SMART Centre, Gultekdi

City of Child, Kasurdi (CoC)

Deep Griha Academy (DGA), Deulgaon Gada

WHO WE ARE

Deep Griha Society (DGS) began as a small dispensary in 1975 to address the health and welfare needs of underprivileged inhabitants in some urban slums of Pune. Currently, we employ 140 people, 85% of whom come from the communities we serve. Deep Griha Society is now the primary family welfare service provider in 3 urban centres and also runs programmes out of 2 rural centres, benefitting over **50,000** people.

Overview of Programmes

Areas	 Child Development	 Education	 Health	 Women Empowerment
Projects	Childcare City of Child	Sponsorship Programme Tech Smart Centre Deep Griha Academy	Medical & Health Camps DISHA	Adult Education Income Generation Self-help Groups
Impact	1,608 participants and over 50,000 lives touched			



CHILD DEVELOPMENT

Childcare: 9 crèches across three urban centres provide full day-care, including nutrition and health check-ups, for up to 209 children of working mothers.

City of Child: This residential facility houses up to 50 orphaned or semi-orphaned boys.



EDUCATION

Aadhar Kendra - Sponsorship Programme: This support programme provides nutrition, medical care, education, counselling – family, emotional support as well as career and recreational activities for 275 orphaned or single-parent children.

Tech Mahindra SMART Centre: Education in basic computers, personality development, English along with full assistance in securing a job is a part of this 4-month course.

Deep Griha Academy: The academy provides English medium education to 399 children in rural areas up to 10th grade. The school ensures relevant education through vocational training, agriculture training, etc. Holistic development is assured through music and sport education. The programme intends to expand operations in the areas of rural community health and eco-friendly agricultural development projects.



HEALTH

DISHA: Deep Griha's Integrated Services for HIV & AIDS creates awareness around reproductive health and HIV for young people aged 14 years and above.

Medical and health care: Over and above basic medical care in the community, this facility provides access to different specialized doctors such as optometrists, dentists, etc.



WOMEN'S EMPOWERMENT

The programme is designed to increase women's self-esteem and confidence through adult education, livelihood skills training for income generation and self-help groups (SHGs).



CHILD DEVELOPMENT

CHILDCARE

The Childcare programmes provide care, early education, supplementary nutrition and medical check-ups for children between the ages of 6 months to 5 years.

Objective 1

To provide a safe and secure environment for the children from the community to learn and play.

Objective 2

To provide supplementary nutrition to children enrolled in the crèches.

Objective 3

To conduct regular basic medical check-ups (height, weight and haemoglobin) and to address observed health issues.

Objective 4

To ensure children have access to early childhood education and are prepared for school.

Activities

1. Safe Environment

The crèche provides a safe and secure environment for children under the age of 5, while their mothers go out to work. The children have everything that they need for their overall growth provided for at the day care centre.

2. Special Nutrition Centres

We provide two nutritious meals a day for all the children to prevent malnourishment in this vulnerable age

group. Deep Griha's special *laddoos* (sweets) form an integral part of their breakfast three times a week.

A cyclical menu is followed to provide supplementary nutrition from Monday to Saturday.

3. Medical Care and Treatment

Medical check-ups are conducted throughout the year in addition to height, weight and haemoglobin check-ups every six months. All records for each child are

updated to track and monitor a child's growth and development.

4. Early education

The crèche staff members conduct games, music and dance activities for the children. We also work towards math and language development by teaching the children numbers and the alphabet. Volunteers and interns organize art and craft workshops to stimulate the young minds. Colouring books and story books contribute to the development of the children's creative and language skills.

5. Parent Teacher Meetings

Crèche teachers organise meetings with parents once in two months. Apart from updates and reminders these meetings are also used as a platform to conduct awareness sessions on the importance of health, healthy eating, hygiene, etc.

6. Recreational Activities

We also organise recreational activities for the children, such as picnics, celebrating their birthdays with the other kids, celebrating festivals, etc.

Special Events



Craft and Collage

Volunteers from our corporate partners BNY conducted a craft and collage session with the children.



Christmas Parties

Celebrations were conducted for a total of 178 children at our centres.

Key Performance Indicators

9

Number of crèches

209

Number of Children

461

Number of Home visits

Stories of Achievements



Saket Amit Waghmare

Aged 2 years, he is the youngest of 3 children in his family. Before he joined the crèche he was shy, malnourished and would cry a lot. Now he is stronger, healthier and happier.



Jaya Janardhan Tawade

When she came to DGS, Jaya did not want to speak to anyone. She was very scared. We provided her support and reduced her sense of fear. Her behaviour has since improved dramatically.

CITY OF CHILD

The aim of the programme is to provide a safe and secure residential facility to 50 marginalised boys.

Objective 1

To provide a safe and secure environment for boys from vulnerable family situations.

Objective 2

To provide access to education.

Objective 3

To ensure access to regular health check-ups and counselling for overall healthcare and also provide a balanced nutritious diet that is age dependent.

Objective 4

To ensure overall development of the children

Activities

1. Safe and secure environment

City of Child (CoC) is home to 44 school going boys, registered with the Aadhar Kendra Sponsorship Programme. It is situated 45 kilometres outside Pune city. The residential facility houses, primarily, children from single-parent homes or those who have been orphaned, specially where the single parent or extended family is unable to meet the child's day-to-day needs. CoC provides a safe environment for young boys from especially vulnerable backgrounds, during their growing years.

2. Access to Education

The children at CoC attend the village school in Kasurdi, where they have access to a Marathi education and a semi-English middle school or Deep Griha Academy, where they have access to an English language education. The family decides where they would like their boys to attend school. Apart from academics, the students have access to other learning through awareness sessions and an individual development plan. The idea is to prepare the young boys for life, along with academics.

3. Healthcare

As the first part of general well-being and healthcare, we ensure that the children have a well-balanced diet plan, one that meets their dietary needs as per their age. Apart from access to a healthy diet, the students have regular general health check-ups through the year and their growth, particularly their height and weight, is monitored. Outdoor activities and exercise are a part of the daily schedule too.

The boys have access to group counselling sessions as well as one-on-one sessions, when necessary, for their mental health and well-being.

4. Holistic Development

Apart from academics and healthcare, activities that consider the overall development of the children are also included in their weekly schedule. Recreational activities are planned for the children especially during the weekend, activities that are beyond academics and healthcare, and focused around creativity, expression and art. This year we introduced dance classes, although unfortunately that wasn't sustainable since the dance teacher had to travel from

Pune. The challenge of finding resource people who live near the CoC affects what we are able to implement. Apart from activities, this year we began an exercise of developing Individual Development Plans (IDP) for each child over 14 years of age. The counsellor, care staff at CoC and a representative from management worked together on a plan to work on each child's aspiration, and social skills. Basically, the IDP seeks to prepare the children for life beyond school and the world outside of City of Child.

5. Sustainability

Financial self-sustainability is crucial for CoC to be everything that it can be. Agriculture and the use of the premises while the children are away, are two ways that COC tries to generate funds to supplement the sponsorship of students staying at CoC. City of Child has an agriculture programme, where food needed for the kitchen is grown, the extra is sold in the market to generate funds for the programme. Apart from agriculture, the space is used for day camps as well as residential camps while the children are home for the holidays.

Special Events



AFMC donation

5 AFMC officers visited City of Child to donate 25 bicycles. These bicycles are used by the children to go to school.



Ex-students Programme

City of Child Alumni gets together at CoC every year. They plan games, share their experiences and prepare food for the children. This year they also donated an amplifier and organized outdoor games for the children.

Key Performance Indicators

1

New admissions

44

Number of Children

0

Number of pass outs

Stories of Achievements



Suvarna Terekholkar

“They provided me training to do the job of housemother and cook. I like my job. They still give me training on different topics like how to help the children and take care of them. Thanks to this job, I am able to stay with my son and take care of him also.”



Prakash Bharat Tikudave

Overcoming challenges, Prakash worked hard and topped his batch in grade 10, scoring 87.2%. Going forward he aspires to become a doctor.

EDUCATION

AADHAR KENDRA

To ensure holistic development of children from socially and economically deprived backgrounds with special emphasis on orphan or semi-orphan children.

Objective 1

To provide the participating children with an opportunity to pursue their education, and to encourage parents to support their education.

Objective 2

To ensure that the children are healthy and their nutritional and healthcare needs are being met.

Objective 3

To provide for means of entertainment through various activities conducted during the year that will make them feel loved and cared for.

Activities

1. Educational Aid

The sponsorship is used to provide everything a child needs as educational support: like school/college fees, extra tuition fees, transport to school and back, school materials such as school bag, uniform, books and stationery. At the beginning of every academic session, school supplies are distributed among children as per need. About 300 children

received educational support through the programme.

2. Food and Fuel

The Aadhar Kendra children get a balanced meal every day. They either eat the meal at the centre or take it away in their lunchbox. A cyclical menu ensures a balanced diet. Over the last one year up to 246 children regularly had a meal at Deep Griha's centres.

3. Medical Care

All the children under the programme are scheduled for regular health check-ups and have their vitals recorded quarterly. Up to 276 children have had height and weight measurements recorded, 149 children had general health check-ups and are receiving treatment at DGS' medical clinic. Thirty children are getting treatment at other clinics, supported by Deep Griha's Aadhar Kendra programme.

4. Birthday Party

Children's birthdays are celebrated every month, where cake and snacks are followed by games and fun. Each location – Tadiwala road, Ramtekdi, Bibvewadi and City of Child, has their own birthday party every month.

5. Diwali & Christmas Party

We celebrate all the festivals with the children throughout the year. Eid, Diwali and Christmas are the bigger festivals. They mean brand new clothes for all the children, depending on the festival they celebrate. A total of 195 children have attended the festival celebrations.

6. Counselling Session

All the children registered under the programme struggle in some way due to their family circumstances. A counsellor is made available to the children to help them cope with their everyday struggles. Field workers visit homes, schools and hostels to stay in touch with the children and their families, caregivers and teachers. The field workers refer students to counsellors when required. The counsellors conduct individual sessions with teenage children and speak to parents/family when necessary. The counsellors also conduct home visits for critical cases, if necessary. In effect 147 parents were counselled this year. 37 children who took their board exams also received career counselling based on an aptitude test.

7. Awareness Sessions

Sessions were arranged every quarter on social, health and general issues such as alcohol abuse, child abuse, marriage counselling for parents, study guidance, vocational guidance, legal rights, and sex-sexuality and HIV/AIDS. Every session had approximately 50 to 52 participants.

8. Parent-teacher Meeting

Once every quarter, the staff meet with the parents and families to share their problems and experiences. The staff even visit schools and colleges to observe the children's educational growth. During the meetings, awareness sessions are also scheduled for the parents on various

social issues such as gender equality, financial literacy, the importance of education, cleanliness and moral environment in family as well as society. Two meetings conducted in the last six months were attended by a total of 148 parents.

Special Events



Teenage Guidance Session

The purpose of the session was to help children become aware of physical and emotional developments as they grow.



Diwali Party

As a part of tradition, all important festivals are celebrated. A total of 195 children were present for these events.

Key Performance Indicators

275

Number of children enrolled

149

Number of students for health check-up

4

Number of new admissions

Stories of Achievements



Mamta Bajantri

Mamta's father passed away in 2005, when she was just 7 years old. Mamta's mother was finding it difficult to satisfy the daily needs of her family. The sponsorship program has helped her as well as her siblings to complete their education while minimizing the financial burden on her mother. After completing her 12th grade in commerce, Mamta was losing interest in her education. But after continued counselling, she enrolled in DGS's Tech Smart center and successfully completed her course. She is now employed as a computer teacher, earning about Rs 12000 per month.



Nikita Suryawanshi

Nikita enrolled in the Aadhar Kendra sponsorship program when she had completed her 7th grade. She went on to complete her Bachelor of Business Administration and now supports her family. She worked very hard as a student and often was a role model for the younger girls in the programme.

TECH SMART CENTERS

The goal of the programme is to facilitate economic empowerment for young people, particularly young women. This is done through job placements after the participants have acquired basic computer skills, and communication skills in English.

Objective 1

Build up the student's self-esteem, provide consistent personal / career counseling to urge them to focus on academic / career paths that match their passion, preference, and natural skill set.

Objective 2

Provide training that is industry specific with proper exposure to the chosen fields through site visits as a way to familiarise with the work environment.

Objective 3

Offer adequate databases for job placements with tips and guidelines on how to face job interviews that will help them secure employment soon after they complete their Tech Smart course.

Objective 4

Instill in them the constant need to read, think and converse in English in order to improve their command of the spoken and written language.

Activities

1. Mobilisation

An important first step is for our social workers to inform students from the community about the benefits of the programme. Only interested and driven students are then signed on as this ensures their participation through the length of the course.

2. Training

Over the course of four months, students are trained by facilitators in *Yuva* English – the book used for English language curriculum, workplace readiness and basic and advanced IT. Besides this they are taught soft skills and given industry-specific training as per their interests.

3. Placements

Spearheaded by the project coordinator who networks, liaisons and coordinates with employers, students start with exposure visits and orientation, which are

followed up with campus interviews. The team leaders follow up with students placed at jobs and organise regular alumni meets to facilitate the exchange of ideas and experiences.

Special Events



Opportunities at Reliance Life Insurance

18 students attended a session where representatives from Reliance Life Insurance outlined opportunities available.



Digital Inauguration

Deep Griha's Gultekdi center was selected to be the first centre in India to be a centre with direct digital access to TMF Management for monitoring via cameras and fingerprint attendance.

Key Performance Indicators

30

Number of differently-able students

468

Number of students trained

72%

Placement rate

Stories of Achievements



Rabiya Kureshi

Due to lack of education and skills, Rabiya could not pursue a professional job. This was compounded by the fact that she and her child were separated from her family. Tech Smart Centre staff assisted her by connecting her to ILS lawyers who had partnered with DGS. She filed for maintenance from her husband and joined Tech Smart. She attended all the sessions regularly and made great strides in communication and computer skills. Her improving self-confidence helped her eventually land a job as a Tele caller in Fine Art Marketing.



Varsha Sakat

After joining the Tech Smart, Ramtekdi Centre, Varsha developed her basic communication skills in English and grew confident in public speaking. She also went on to develop her basic IT skills where she learnt excel and powerpoint which were needed at her current workplace. Her punctuality and promptness eventually landed her a placement at a hospital as a receptionist.

DEEP GRIHA ACADEMY

Objective 1

To provide quality English medium education through child-centred methodology for children aged 3-16.

Objective 2

To improve access to quality English medium education for children and young people from marginalised groups.

Objective 3

To provide post-education vocational training opportunities for young people living in Daund District.

Objective 4

To build local capacity through training for teachers at Deep Griha Academy.

Activities

1. Teacher training

Deep Griha Academy values recruiting teaching and non-teaching staff from local communities. Although most teachers have basic teaching qualifications, they have neither the experience nor the training in learner-centred teaching methods. To address this gap, intensive and ongoing training is provided for all teaching staff, along with individualised support. They undergo intensive training as soon as they join DGA. Apart from this foundational training, at the beginning of each academic year, training sessions are conducted with follow up sessions throughout the academic year. Topics covered include methodology, professional development and language

development. The school works with experts from various different areas to meet the training needs of the teachers.

2. Educational Aid

To assist teachers as they facilitate activity-based learning, DGA has invested in an interactive learning medium, Tata ClassEdge. The system comes with various activities, multimedia content and quizzes that the teachers can use to facilitate learning. We currently have only 3 classrooms equipped with the medium. Therefore, students have to rotate classrooms so that all the students have access to the medium. The interactive learning is a unique selling point of the

school as no other school in the area offers the option.

3. Holistic Development Activities

If the young people are to have career options and if the local community is to gain from their education, it is imperative that the school continues to grow and is

able to provide the required infrastructure for the students. The school seeks to fulfil the needs of the students for mastery of the English language and for holistic and locally relevant learning such as agriculture and vocational training sessions.

Special Events



Library on Wheels

An initiative wherein, DGA staff members take books on the school bus to share with children who live in a 5/10 km radius around the school and who don't have access to story books. Up to 45 children got an opportunity to read books on this occasion. They participated in a story telling session and other games/activities conducted by DGA staff.



Shramdan

Grade 7 students and all teachers participated in this activity. The idea was to inculcate ownership for their spaces and things. Teachers cleaned the rooms and watered the plants. Grade 7 students executed the work of all supporting staff.

Key Performance Indicators

0.70

Girl/Boy Ratio

399

Number of Students

16

Number of Staff trainings

Stories of Achievements



Bhagyashree Sonawane

“After joining DGA, I gained self-confidence. Through training sessions, I have learnt how to engage with young children and make them feel happy and comfortable at school while simultaneously creating a safe space for them to grow and learn. Through working at DGA, I am becoming better day-by-day.”



Mahindra

Mahindra’s parents liked the school, which is why they sought admission here. But Mahindra did not participate in oral or written activities. Recently, he has started contributing during discussions in the classroom.

HEALTH

MEDICAL AND HEALTHCARE

The medical and healthcare programme aims to provide easy access to quality primary health care while addressing the ever-changing needs of communities.

Objective 1

Ensuring communities are well-informed about different medical issues and appropriate means of preventive and curative healthcare.

Objective 2

To provide low cost and essential treatment that allows people in the community to recover quickly and work productively.

Objective 3

To partner with organisations for providing additional services and facilities to the communities.

Objective 4

To provide the minimum required nourishment for patients with chronic illnesses.

Activities

1. General Clinic

The clinic at Family Welfare Centre on Tadiwala road runs daily in the morning and evening, with an afternoon session once a week on Wednesdays at Ramtekdi. The in-house doctor continues with health check-ups for the children from various other programmes. After Dr Prakash retired in July, the focus has been on the Dental and Eye Clinics.

2. Directly Observed Treatment (DOT)

Under DOTs, a social worker monitors intake of medication, and we provide nutrition in the form of eggs and milk to a maximum of 25 clients per day. This intervention is in collaboration with the Pune Municipal Corporation (PMC) hospital as they supply the medication. Easy access to a DOT clinic is vital in curbing the spread of drug resistant tuberculosis in the community and

beyond. This is why we intend to start another clinic at our Ramtekdi centre this year.

3. Dental Clinic

The clinic has served the community for about five years and was started through the volunteer dentists.

Their wonderful work has significantly enhanced the value of Deep Griha's medical programme. The number of patients utilising the dental clinic has only increased over time. Since each of these procedures take a considerable amount of time per sitting, only a small number of patients can be tended to in a day when compared to the general clinic.

The small cost charged just about covers the cost of the treatment.

4. Eye Clinic

The eye checks help identify cataracts and provide spectacles to patients as per the prescription.

5. Collaborative Awareness and Health Camps

Through collaboration with hospitals and other organisations, we work towards bringing awareness and specialised health camps to the community—Cervical cancer, gynaecology-related, general health check-up camp, to name a few.

Special Events



Dental Camp

A dental camp was conducted at Tadiwala Center to improve hygiene among children. About 65 children benefitted.



Health Camp

A general health camp was conducted in Market yard, Pune. About 50 people benefitted.

Key Performance Indicators

3,853

Number of patients
visiting DGS Clinic

514

Number of patients
visiting Dental Clinic

389

Number of patients
visiting Eye Clinic

DISHA

Deep Griha's Integrated Service for HIV and AIDS, means direction in Hindi and Marathi.

Objective 1

To conduct HIV awareness sessions in hitherto un-targeted communities in Pune and surrounding villages.

Objective 2

To assist people living with HIV to have a more fulfilled, happy and complete life through counselling and matrimonial events.

Activities

1. Community Awareness

Community awareness forms the backbone of any HIV initiative because of the general lack of information in society. Through DISHA we aim to inform the misinformed in an attempt to reduce stigma and discrimination. Some of the questions the awareness aims to address include

- What is HIV/AIDS? General symptoms;
- Where did it come from? Global, Indian and local contexts;
- How is it contracted? How is it not contracted; Prevention techniques;

- Stigma and discrimination; How can I help; How can I be HIV Positive (Positive about HIV).

The awareness sessions are aimed at high school and college students in and around Pune city.

2. Melava

Since 2009, DISHA has organised an event called Melava through which people living with HIV could find life partners. Through 9 such events since 2009, 160 couples met each other and decided to get married!

Special Events



Awareness session

A still from an awareness session conducted at a school which involved 22 boys and 23 girls.



Melava

The aim of the event is to help people living with HIV to find life partners. A total of 250 people attended the event.

Key Performance Indicators

256

Number of awareness sessions conducted

50,000

Approximate total attendance

250

Number of people who attended Melava



WOMEN'S EMPOWERMENT

The programme aims to improve the socio-economic status of the women in financially deprived communities of Pune.

Objective 1

To improve the educational level amongst women living in the targeted communities.

Objective 2

To improve financial security of women in the targeted communities.

Activities

1. Literacy and Post-Literacy classes

Basic literacy classes are conducted for women across the urban centres to teach reading and writing. Deep Griha uses Jana Shikshan Sanstha text books to bring three levels of literacy to begin with, after which, women are encouraged to and provided with an opportunity to pursue further education through classes for grades 4, 5 and 7.

2. Financial Literacy Training (FLT)

Awareness sessions, focused on helping women to better understand financial planning, financial concepts and the importance of savings augmentation, is regularly conducted for the women in modules.

3. Self-help Groups

Field workers assist and guide the women, who decide to come together to form an SHG, with opening bank accounts, maintaining records etc. The aim is to ensure that the group is self-sufficient. The fund pools created have been accessed by women for large expenses, like weddings, or emergencies, and to set up a new business.

4. Legal Counsel and Awareness

The Women's Empowerment programme also works with ILS Law College to bring free legal counsel to women from the community. The programme also organises awareness sessions for women on various topics of interest such as health, environment, and even topics like female foeticide.

4. Skill Building

Beautician, tailoring courses are among those offered to facilitate income generation and support the economic empowerment of women.

5. Income Generation Programme

Under this programme, we help women generate an income by assisting them in finding orders depending on their skill sets. For example, orders for tiffins and events, greeting cards and quilts.

Special Events



Women's Day Celebrations

The second and third week of the month of March saw multiple events organised to celebrate women.



Prevention of Female Foeticide Campaign

Throughout the year numerous sessions were conducted in our communities to spread awareness on female foeticide.

Key Performance Indicators		
213	1,112	1,120
Number of literacy participants	Number of SHG members	Number of participants in skill building



ACKNOWLEDGEMENTS

Everything that we have been able to achieve over this year would not have been possible without the support of many individuals, organisations and corporate offices. We may not be able to include everyone in this list, but we would not be here if it wasn't for each one of you.

All the donors and sponsors.

All the volunteers who have invaluable contributed to our various projects.

Deep Griha USA

Friends of Deep Griha UK

First Community Church

Global Ministries, US

BNY Mellon/UWW

EXL

Tech-Mahindra

WNS

Alliance for Global Education

Design Impact

ECF – Equal Community Foundation

Nursing Colleges

Sahara Alhad

SANGAM(International Guild Centre)



Would you like to be a part of our journey?

This is how you can.....

- Be an ambassador for Deep Griha Society
- Sponsor a child
- Adopt a project
- Donate to a program
- Make a Deep Griha wish come true
- Help us organise a fundraising event
- Volunteer with us

For more information, please write to us at info@deepgriha.org or ashlesha.onawale@deepgriha.org